

Student Gratitude Letter

The holiday season is full of activity and excitement. Let's take a few moments today to pause and think about what we are thankful for.

Reflect (*Consider doing this portion aloud and/or share ideas on the board*)

We all have things in our lives to be grateful for, whether they are big or small. For this activity, focus on the musical part of your life.

- **Who supports you in making music?**
Teachers, parents, friends, and other supporters may encourage you along the way in your musical journey!
- **How does music make you feel?**
You may feel accomplished, part of a group, happy, or any number of other emotions!
- **What has music done for you?**
Perhaps you made friends in music class or had fun performances or travel opportunities because of music.

Say Thanks

Choose someone to write a letter of gratitude to. Thank them for their involvement in your life and their support of you. Keep it as simple or complex as you like. If you're having trouble choosing the right words, consider drawing a picture or writing a poem. However you choose to express your gratitude is correct and might just make someone's day when you share it with them!

Closing

How will you deliver your letter? Make a plan to share your gratitude today!